



Winter Lacrosse League at the Round Lake Sports Center

Want to keep your stick skills sharp and your game skills honed?
The Grant High School Lacrosse Club in cooperation with Lake Villa Timberwolves Lacrosse is sponsoring an indoor Lacrosse league specifically for **7th and 8th** grade players.

- When: January to end of March 2016
Time: Saturday mornings (8:00 or 9:00)
Where: Round Lake Sports Center 2004 Municipal Way Round Lake Beach, IL
Who: 7th and 8th grades for the 2015/16 school year
(exceptions will be made for experienced 6th graders)
We have 60 spots available for the winter session - 4 spots will be reserved for goalies.
Cost: We have kept costs down to make this a more attractive option for local players.
Our Program: \$250.00 for 12 week session including playoffs
Goalies: \$100.00 each for the 4 goalie spots but must they play goalie at all times

Registration Cost Includes:

- 12 weeks of indoor lacrosse at Round Lake Sports Center including championship round
- 1 referee per game/2 referees in the playoffs
- 1 game pinnie
- 1 Club T-shirt

Teams will be drafted by the coaches and then the coaches will draw to see what team they get. This will keep the teams even and allow the players to have more fun. Other leagues put together teams strictly to win and it takes the fun out of the game for all. Teams will be limited to 15 players to maximize playing time for each player.

Players will need the following:

- Lacrosse stick
- NOCSAE approved helmet
- Shoulder Pads
- Lacrosse gloves
- **Astro turf shoes or gym shoes** (*spikes will not be permitted anymore*)
- Mouth guard
- Elbow Pads
- Cup

This league will fill up fast and we will cap it at 60 players with no exceptions!!!

For more information contact Jeff at Jeffgoessele@gmail.com or 847-404-8690

Register on line at <http://assn.la/Reg/?r=3:91701>